



## Military Competition

The Interallied Confederation of Reserve Officers (CIOR) annual Military Competition (MILCOMP) is held in a different European country each year. MILCOMP is a true test of combat effectiveness, assessing a range of military skills and providing an opportunity to develop advanced leadership, courage and physical fitness. It regularly attracts up to 250 competitors from around 20 countries and incorporates the benefits of intercultural experience and friendship amongst the reserve forces of NATO and its partners.

The three-day team military pentathlon competition consists of pistol and rifle shooting, land and water obstacle courses, and military navigation (orienteering). It also assesses skills such as distance judging, grenade throwing, first aid and knowledge of the Law of Armed Conflict. Competitors are divided into Novice, Experienced, Veteran and Female categories and team reserves can participate in mixed nationality teams in the International category. In recent years the UK has seen success in every event and consistently fielded strong teams.

Training for the 2009 competition in Sofia, Bulgaria has already begun, but if you are a member of the reserve forces (any rank/rate) and would like to participate, visit [www.ukrfa.org](http://www.ukrfa.org) for more information.

### 2009 Training Dates (Aldershot)

16–18 Jan 09	Training Weekend
20–22 Feb 09	Training Weekend
20–22 Mar 09	Training Weekend
10–13 Apr 09	Orienteering Competition
15–19 Apr 09	Continuation Training and Selection Weekend 1
15–17 May 09	Selection Weekend 2
12–14 Jun 09	Team Training Weekend
03–05 Jul 09	Team Training Weekend
24 Jul 09 – 09 Aug 09	Continuation Training and Competition

